

**It's been a long winter...
So let's get
Spiritually Refreshed!**

UMRNA Activities
PO Box 174
Fargo, ND 58107-0174

www.umrna.org
701-212-9424

The Upper Midwest Region of
Narcotics Anonymous presents

Spiritual Refreshment

On Memorial Day Weekend
May 28-31, 2010



Fair Hills Resort
on
Pelican Lake
near
Detroit Lakes, MN

An incredibly relaxing weekend
at one of Northern Minnesota's
premier resorts. All this is
included with your stay:

RECOVERY FUN:

- *Workshops
(Friday evening, Sat & Sun
morning and afternoon)
- *Speaker Meeting
(Sat 7PM)
- *NA Auction/Raffle
(Sat PM)
(We welcome donated items)
- *Bonfire/Beach Meetings
(Fri, Sat, Sun PM, Mon AM)

FAMILY FUN:


- *Pool & Hot
Tub
- *Game Room
- *Playground



WATER FUN:

- Sailboats, Canoes,
Kayaks, Paddleboats,
Water Bikes...
(Discounted rental rates
on boat & lift rentals.
Call Fair Hills for info)
(800) 323-2849

ORGANIZED FUN:

- *Nightly Entertainment
(Fri, Sat, Sun 9PM)
- *Volleyball Tourney 
(Sat 1PM)
- *Fishing Tourney
(Sun 9:30AM)
(requires MN fishing license)
- *Golf Tourney
(Sun 1PM)
- *NA Olympics
(Sun 3PM)
- *Talent Show
(Sun 8PM)
- *Launch Rides
(Sat & Sun)
- *Guided Nature Walks
(Sat, Sun, & Mon AM)



TUMMY FUN:

- Pizza, ice cream, candy
& espresso for sale.

MERCHANDISE:

- The Upper Midwest
Service Office is gra-
ciously helping us again
with merchandise.
Alternative merchandise
is also available the en-
tire weekend.

NA Pre-Registration

NA Pre-Registration

| Qty | | Total |
|-------|-----------------------------------|-------|
| _____ | Mailed Before 4/1/10 @ \$25 | _____ |
| _____ | Mailed 4/1/10 thru 5/21/10 @ \$30 | _____ |
| _____ | Newcomer donation | _____ |
| _____ | TOTAL | _____ |

Physical checks and money orders are the only forms of payment accepted for NA pre-registration. All people attending the convention over 13 years of age need to be registered with NA. Pre-registrations cannot be mailed after 5/21/10. If you choose to pay NA registration on-site, the cost will be \$35. Registration is non-refundable.

Make NA registration checks out to: **UMRNA Activities**
PO Box 174
Fargo, ND 58107-0174

Registration/Lodging

Here are the two steps to get registered:
1st Step: Complete NA Registration—Follow instructions on the section to the left.

2nd Step: Lodging arrangements—contact Fair Hills Resort (800) 323-2849 and put a \$25/person non-refundable deposit on a cabin. (The \$25/person deposit is used toward your bill for lodging and meals.) Fair Hills Resort rates are shown below. Make sure you have taken care of your NA registration before contacting Fair Hills Resort, if you do not register with NA, you will have to pay normal resort prices, which are about double!

Fair Hills Resort Rates for Lodging and Meals, Carts

| | Friday Arrival | Saturday Arrival |
|-------------------|-----------------------|------------------------|
| 3 nights/5 meals | 2nights/3 meals \$145 | 2 nights/4 meals \$159 |
| Adults, Kids 12+: | \$199 | \$159 |
| Children 4-11: | \$89 | \$95 |
| Children 1-3: | \$73 | \$50 |

Meals included are buffet brunches and dinners. Vegetarian options are available at each meal.

Other Meal Costs/Golf Cart Costs:

| | | |
|---|---------|--------------|
| Optional sack lunch available on Sat & Sun: | Adult: | Child(0-12): |
| Friday Night BBQ: | \$6/day | \$6/day |
| Brunch Buffet: | \$8 | \$4 |
| Dinner Buffet: | \$18.50 | \$9.00 |
| Brunch Buffet: | \$15.50 | \$7.75 |
| Golf Carts: \$15/Round, \$45/Day, \$120/Weekend, \$5 Cart Key Deposit | | |
| Boat Lift: \$40/Weekend | | |

Information for Lodgers:

Space is limited, so make reservations early! To reserve the cabin you had last year, you must pay your lodging deposit by 4/1/10. All persons in your party including kids of all ages need to have a \$25.00 deposit. If you have special dietary needs, be sure to contact Fair Hills Resort at least two weeks before the convention. Minimum stay of 2 nights required. Check-in begins at 4PM Friday, and check out is at 10 AM.

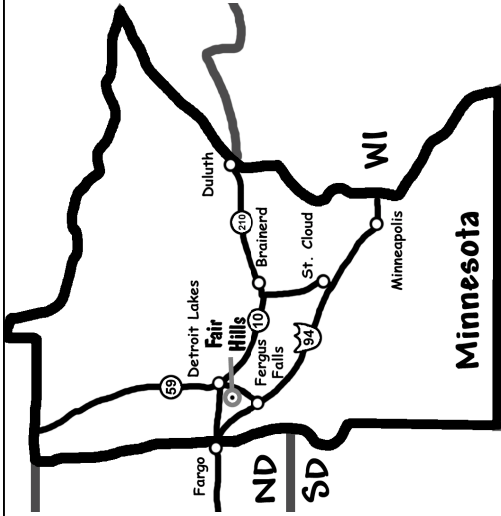
Extra nights are \$40/person (all ages - no meals).

For daily commuters/campers (off-site):

| | SATURDAY: | SUNDAY: |
|---|-----------|---------|
| 9AM-12AM Daypass | \$10** | \$10** |
| 7PM-12AM Speaker/Fellowship Dance (9PM) | Free | Free |
| 9AM-12AM Daypass | | \$10** |

Daypass includes NA registration and use of facilities
** Suggested amount - no addict turned away

Driving Directions



If you come from the Twin Cities, drive west on I-94. Exit north of Fergus Falls on exit 50 (Hwy 59 North). Drive North about 27 miles. Turn left on County Road 31 for three miles. Then left again on County Road 20. Drive for one mile - Fair Hills is on the left side.

If coming from elsewhere, take Highway 10 to Detroit Lakes. Turn south on Highway 59 for nine miles. Turn right (west) on County Road 20. Drive for three miles -

Contact Information

Registration Chair: Rick M. (701) 214-6165
fargorickie@hotmail.com

Convention Chair: Kendra W. (320) 360-5554
angel592@hotmail.com

Fishing licenses: (888) 665-4236 or
www.dnr.state.mn.us

Fair Hills Resort: (800) 323-2849
www.fairhillsresort.com

May 28-31, 2010 at Fair Hills Resort on Pelican Lake
NA Registration Desk opens at 4pm Friday.

Please, No Pets! No Grills.

No smoking in cabins. No Gambling in public places.
No photos or video w/o expressed consent.

Children must always be supervised.

----- (cut and mail) -----

Name _____

Address _____

City, ST & Zip _____

Phone () _____

Names of ALL people I am registering:
