

UMRNA
Minutes for January 9th , 2010 Regional Meeting at Jamestown ND

1. New Business submitted to the Chair, financial requests submitted to the Treasurer.
2. 12:25 pm Open Meeting with a Moment of Silence, followed by the Serenity Prayer, 12 Traditions, and 12 Concepts.

3. **Sign In and Introductions:**

George P.	Regional WRP
John F.	Interim FDC and L & C RCM-A
Wes K.	RD and Treasurer
Roger S.	Interested Member
Steve J.	Interested Member
Molly M.	RCM – LAASC
Cathy S.	Regional Activities Chair
Jeremy T.	RD-alt
Rob	Co-Chair
Will H.	Chair
April E.	Interested Member
Kory H.	L&CASC RCM
John E.	Regional Activities Vice-Chair

4. **Quorum Call:** yes

Approval of November Minutes:

Motion to approve November Minutes: Maker: John 2nd: Molly Motion: Pass

5. **Chair's Report:** Appendix A
6. **Secretary's Report:** Appendix B
7. **Treasurer's Report:** Appendix C
8. **Co-Chairs Report:** Verbal report given by Rob
9. **Sub-Committee Reports:**
 - Activities: Appendix D
 - FDC Report: Appendix E
10. **Web resource Report:** Appendix F
11. **Regional Committee Member Reports:**
 - LAASC: Appendix G
 - LCASC: Appendix H
 - MASC: Appendix I
12. **Regional Delegate Report:** Appendix J
 - Alternate RD Report:** Appendix K

Break from 1:17 pm until 1:32 pm. Re-opened with Serenity Prayer

13. Elections:

Position:	Nominator:	Second:	Nominee:	Action:
Treasurer				Open/ Wes will continue until new treasurer is elected.
FDC				Open/ John F. will continue W/ FDC Guidelines to be reviewed.
Activities				Open/ John E. will Chair as Interim until new Activities chair is elected.

14. Old Business:

a) Attendance at Midwest Zonal Forum:

Wes and Jeremy provided additional explanation of participation in the MZF and addressed any concerns or questions from the committee.

Motion: To Participate in the Midwest Zonal Form, and join the rotation for hosting the MZF in our Region.

Maker: John F. 2nd: Rob H. **Motion Passed.**

b) Budgets:

A standard travel budget of \$300 total (\$200 travel+\$100 lodging) for each executive and sub committee chairperson positions was discussed, and budgets for expenses above travel and lodging to be prepared for the next RSC.

Motion: To amend the guidelines to include a standard \$300 travel budget for executive and sub committee chairperson positions.

Maker: John F. 2nd: Kory H. **Motion Passed.**

c) Regional Inventory: All attempts to obtain the inventory information reported that they have been lost. By recollection of the former committee previous goals from the inventory had been accomplished. Discussion of a future inventory was held. No motion.

(d) Web Resource motions deferred from last RSC.

Discussed UMRSC Meeting November 2009

Proposed website related motions:

Motion:

Addition to the UMRSC Website Guidelines, add #3 to the Accountability/Authority Delegated section stating:

The duties of the Web RP position are of such a nature that they require latitude in the day-to-day operation of the website. This autonomy includes adding new information, removing information, and other tasks related to the general maintenance of the website. However, any actions other than those aforementioned, which effect the Website and the UMRSC in a substantial way should be discussed and acted on by a collective UMRSC conscience.

Maker: George P. 2nd: Jeremy **Motion Passed.**

Motion:

Approve document: "Upper Midwest Region Service Committee of Narcotics Anonymous Regional Website (WWW.UMRNA.ORG) Event Flyer Posting Guidelines" to be added to Website Guidelines (UMRNA): "Web RP Responsibilities"

Maker: George P. 2nd: Jeremy **Motion Passed.**

Motion:

Under "Website Services", #5 in the UMRSC Website Guidelines, change to state: Mailing list service for communications between current and interested previous voting members of the UMRSC. Membership may also be approved for UMRSC Subcommittee communications (through a single point of contact).

Maker: George P. 2nd: Jeremy **Motion Passed.**

Motion:

Under "Website Services", add a # 6 in the UMRSC Website Guidelines, stating: Forum service for communications between current and interested previous voting members of the UMRSC. Membership may also be approved for UMRSC Subcommittee communications (through a single point of contact).

Maker: George P. 2nd: Jeremy **Motion Passed.**

Break from 2:42 pm until 2:54 pm. Re-opened with Serenity Prayer

15. New Business:

(a)

Proposed Webhosting change.

Roger S. Gave Demo on Webhost Updating advantages.

Motion: To move the UMRNA Webhost to DreamHost at a cost of \$287.00 for a 3 years.

Maker: Rob H.2nd:John F. **Motion Passed.**

(b)

Motion: That FDC duties be expanded to include PR & H&I and guidelines be reviewed and amended to include PR & H&I.

Maker: John F. 2nd: Kory H. **Motion Passed.**

(c)

Motion: That Activities committee have a start up fund for UMRNA 27 of \$1000

Maker: Cathy S.

Motion deferred to next RSC meeting for Activities to review possible activities guidelines changes or additions to address prudent reserve and accounting for each convention.

(d)

Motion: To have 20% of profit from the Convention to be given to the host committee

Maker: Cathy S.

Motion deferred to next RSC meeting for review of possible activities guidelines changes.

Break from 3:54 pm until 4:01pm. Re-opened with Serenity Prayer

(e)

Discussion on communication with activities committee was held.

(f)

Discussion on Website changes:

Motion: To offer Domain to each Area under the new Host

Maker: Rob H 2nd: Molly **Motion Passes**

16. Disbursements

17. Next regional meeting will be held in Fergus Falls MN on April 10th, 2010. Will H. will set up a location.

18. **Motion to close the meeting at 4:59 pm.**

Maker: Molly 2nd: Cathy S **Motion Passes**

Meeting closed with Circle of Unity and Serenity Prayer

Appendix A

Appendix B

Secretary report for January 9, 2010

Hello fellow addicts. I hope everyone is well and all of you survived the holiday season. As I write this I am sitting in a hospital bed. I hope to be discharged today, but I will not be at the meeting. I want to thank all of you for your support while I have been in here and being patient for the minutes. I hope the meeting goes well and you can all get to see the second half of the Jets beating Cincinnati. Thank you to whoever is taking over my duties for the meeting. I appreciate it.

Wish I were there, but it is best I rest and get over this virus that has attacked my body.

In loving service,

Debbie J.
UMR Secretary

Appendix C

TREASURER REPORT

1ST QUARTER 2010

I AM WORKING ON A 2009 SPENDING REPORT AND HAVE NOT FINISHED IT YET. EACH CATEGORY AND OR POSITION ON THE COMMITTEE DOES NOT HAVE AN APPROVED BUDGET YET. I BELIEVE WE DID MAKE SOME PROGRESS AT THE LAST MEETING WITH SOME OF THE SPECIFIC DOLLAR AMOUNTS. THIS POSITION IS CURRENTLY OPEN AND IS VERY REWARDING AND FULFILLING, WE ARE ACCEPTING NOMINATIONS SO PLEASE ANNOUNCE AT MEETINGS AND FILL OUT SERVICE RESUME THAT IS AVAILABLE ON OUR WEBSITE. THANKS, WES K

SIDE NOTE SINCE MEETING;

DID GET REGIONAL ACTIVITIES TREASURER LISTED ON BANKING WEBSITE FOR ONLINE STATEMENTS AS WELL AS ACCOUNT NOTICES. I WILL POST THE FINALIZED 2009 SPENDING REPORT TO THE EMAIL LIST AND WILL BE PART OF MY NEXT REPORT TO REGION AS WELL.

2009 Upper Midwest RSC expenses	Spending report
Meeting rent	\$115
Event expenses	\$129.66 (131 proceeds)
Unity day	\$105.02
Bank fees	\$60
FDSC Lit	\$318.53
PO Box(s)	\$80
Donations	\$333
FDSC travel & postage	\$223.97
Outreach Manitoba	\$166.56
Lodging	\$398.53
Travel	\$538.94
Web Hosting	\$199.42

Appendix D
UMNRA ACTIVITIES REPORT
January 10TH 2010

Greetings Family,

I have made the decision not to run again for chair. I have made this decision with the help of my HP and my sponsor if there is not a nomination for chair John E. will fill in until someone gets the chair position. I will still be part of the activities committee.

The convention was a success with 60 addicts in attendance, a couple of groups from treatment centers and halfway houses. A great time was had; balance after expenses was \$456.52 in the positive. As conventions go it was a small one, smaller than last year. We have \$75.00 in registrations for next year. There is interest in Fergus Falls, MN to hold the convention. They have formed a bid committee to propose a bid for the next convention.

According to the guidelines we are supposed to flush back all moneys except next year's registrations which are \$75.00. This is not a lot of money to start planning a convention. I would like to make a motion for a start up fund for the convention \$1000.00.

This start up fund would be used for printing, mailing, merchandise, deposits on conventions.

The towels continue to be a big hit; all merchandise has been turned over to SR.

Activities would like a motion for a guideline change for the host committee to retain 20% of remaining forwarded balance from convention.

Yours in loving Service, Cathy S.

Appendix E

First Quarter FDC Report

There is not much to report about FDC for this last quarter. During our last RSC I was instructed to review the FDC Guidelines. After fully reviewing the Guidelines, it is clear to me that our FDC is extremely limited in its responsibilities and is really more like an outreach committee than a fellowship development committee.

As it stands, FDC is charged with visiting groups and providing new groups with starter kits. There is no other responsibility for this subcommittee. It is clear to me that we may need to consider rethinking this limited role and add a single point of assistance to FDC that includes H&I and PR for our areas and groups. As it stands right now, we have received requests for assistance in PR from Grand Forks and based upon our guidelines, we can offer them any assistance. In actuality, this committee overstepped it's responsibilities in participating in the Upper Midwest Drug Court Conference.

We should consider expanding this committee's responsibilities to include PR and H&I if it is to be a true FDC. We also need to get a budget approved so that this committee can start doing some travel as this is its primary duty at this time. We submitted a budget request at the last RSC but as of right now, we have no funding available.

We received a request from a new group in Manitoba requesting a starter kit and plan to provide it to them unless instructed otherwise.

ILS

John F.

Appendix F

Web Resource Person Report January 2010 Upper Midwest Region Service Committee of NA

Greetings,

I apologize for missing the RSC in November—my significant other became sick during the convention and we had to head home. The Website is doing well. An updated regional meeting list is currently available. Domain fees will be paid in the first quarter of 2010 (about \$20).

Website Usage – Usage is similar to previous months. Meeting lists viewing for all three areas and viewing of upcoming events remain the most popular pages of the website. People are also utilizing the new UMRNA composite meeting list.

	November	December
Unique Visitors	881	853
Visits	1573	1596
Hits	6089	6480

Motions and Old Business – Will H. mentioned to me that the motions I proposed were held off on until this RSC meeting, hopefully we will have time discuss them. The website flyer guidelines draft is attached, as well as the motions I proposed. We also have Roger here today to do a demonstration of a new website format, so that will also be a discussion topic. I talked with the MNRSC Webmaster about the how their website is structured. In brief, the MNR owns the website and each of their 10+/- Areas are provided (given) their own sub-domain name (e.g. www.twincities.naminnnesota.org), each Area is responsible for maintenance of their website, and each Area chooses what content to publish. The downside is that if there isn't a willing, capable webmaster for each Area, then they don't have a site or their site not maintained. I have more details about the MNR site and can discuss them during the sharing session if we want.

Budget- I submitted this at the November RSC but I am not sure if budgets were voted on, so here it is again:

Proposed Web RP Budget for 2010 fiscal year:

Website hosting	\$ 110.00
Domain registration	\$ 20.00
<u>Web RP Travel</u>	<u>\$ 75.00</u>
Total	\$ 205.00 (USD)

George P.
Web Resource Person
Upper Midwest Region Service Committee of Narcotics Anonymous

Appendix G

January 9, 2010 LAA RCM Report

Greetings all,

Since the last Regional meeting the Lake Agassiz Area has elected a new chair, activities chair, parliamentarian, and public information chair. An Area Fellowship Development Committee has been formed. Secretary, Alt RCM, Vice Chair, Scribe, and Literature Chair are vacant. Nominations to be voted on this month are Literature Chair, Alt-RCM, Scribe, Treasurer, and Secretary. Budgets have been passed and a donation of 3 basic texts was made to the "We Do Recover" group in Grand Forks. The Web Site Ad-Hoc Committee has been turned into a standing sub committee and there will be a website demonstration today.

Two upcoming events are "Basic NA Prom" put on by the Friday Night Speaker Meeting on Feb. 12, 2010 at St. Marks Lutheran Church. Also, there will be an H&I learning day on January 23, 2010, at Our Saviors Lutheran Church in Moorhead, MN from 2-7. It is a potluck. There are flyers located on the regional website.

ILS, Molly M.

Appendix H

Lewis and Clark Area Service Committee

RCM Report

Jan 4, 2010

RCM>Kory H
RCM Alt.>John F

Hello trusted servants,

Our last [L@CASC](#) meeting was held Nov 14, 2009 with all groups reporting stable meeting attendance. New participation and commitment for service has been promising. A conscience was held on the 4 motions pertaining to the website guidelines as well as a discussion was held on the the subject of joining the Midwest Zonal Forum.

Appendix I

MASC RCM Report to the UMR Sat. Jan. 9th 2010 Jeff S. Reporting

Please accept my regrets to the committee for my absence and the lateness of my report. Since November much has happened and my workload as RCM has increased significantly. I shall explain in point form:

- MASC has voted to separate from the UMR and primary responsibility for all direction and communications regarding this development has become my task
- Marshall D's second term as MASC Chair ended in November and the chair's responsibilities are currently shared by myself, the MASC Treasurer and monthly appointees as we await Marshall's successor
- Many of the MASC secretary's duties are also currently being shared as Tim S's term ended in December

My comments are not intended as a complaint or rant, and both former MASC executives served our area with distinction during a difficult period.

Issues of immediate relevance to the UMRSC

I made several attempts to contact the former MASC RCM regarding the missing Area & Regional inventory information and I was unsuccessful in my efforts. MASC has embarked on a new area inventory which will be facilitated by CANA ACNA members using the APT on Jan. 23/10. Details of the event are contained in the MASC Jan. newsletter which I will also submit to the committee.

MASC also decided at the Dec. ASC to ask the UMR to proceed with the CAR – GSR assembly ASAP in our area. We would appreciate this opportunity to work together and perhaps redefine our relationship in light of recent events. We leave the formal decision up to the UMRSC and if you all still want to come up here and hold the assembly, guess whose job it is to make the arrangements? Just call or email me!

The new Selkirk Friendship Group of NA has requested a starter kit from the UMR. If the kit is to be granted please mail it to me (who else) and I'll pass it on ASAP: Jeff Stoddard 472 Stiles St. Winnipeg MB Canada R3G 3A4.

Still yours in service, Jeff S.

Appendix J

RD report

1st quarter 2010

I received a copy of the world board minutes that I requested and found them to differ dramatically from NAWA News. If any committee would like to see the copy; see me after the meeting. I have new group registrations and existing group update forms for any interested persons.

Conference agenda reports are available for free download at na.org see rda report for specific address or watch your email.

We will make available 5 copies of the CAR at each GSR

Assembly.

Thanks

Wes 701-200-6419 tippyturtle@hotmail.com

Appendix K

RDA 1st Quarter 2010

Hello everyone,

Here are the motions to be voted on at the GSR Assemblies this year for the World Service Conference (WSC). These motions can all be found in the 2010 Conference Agenda Report (CAR):

World Board Motions

Motion 1: To approve “A Vision for NA Service” stated below to replace the existing “NA World Services Vision Statement.”

Motion 2: To approve the draft contained in Addendum A, Money Matters” Self-Support in NA, to replace the existing IPs #24 “Hey! What’s the Basket For?” and #25 Self-Support: Principle & Practice.

Motion 3: To approve the draft contained in Addendum C, Funding NA Services, as a Conference Approved pamphlet.

Motion 4: To approve the revisions to *In Times of Illness* Contained in Addendum C.

Regional Motions

Motion 5: Direct NAWS to produce and add to inventory a purple decades clean and granite decade clean key tag in English only.

Motion 6: To add purple key tags for multiple decades of clean time to the NAWS inventory.

Motion 7: To add a Spanish (Castilian) Line Numbered Large Print Basic Text, in the current edition, to NAWS inventory.

Motion 8: The World Board is directed to develop a project plan for presentation to WSC 2012 for a Traditions Working Guide.

Motion 9: To direct the World Board to develop a project plan, for presentation to WSC 2012, to revise Just for Today: Daily Meditation for Recovering Addicts by replacing the thirteen quotes (and meditation passages if necessary) that were taken from the Fifth Edition Basic Text and Youth and Recovery with current fellowship approved NA literature.

Motion 10: The World Board will post the NAWS Website the motions that pertain to the Conference Approval Track at the same time that Conference Approval Track is sent out to Conference Participants.

Motion 11: The World Board will post on na.org all recovery literature workgroup meeting records in English within 30 days of any workgroup meeting. The World Board will also link these postings to any project resources: such as the projects discussion board, or similar resource. This post will include the project’s timeline and a schedule of workgroup meetings. The WB will also post their meeting schedule & have the discretion to post an overview of the literature development process or any other additional information.

Motion 12: To add language to the end of the Approval Process for Recovery Material section of GWSNA, page 36, that says, “No more than two informational pamphlets or one booklet or one book-length piece will be out for Fellowship review and input at the same time.”

Motion 13: To add language to the end of the Approval Process for Recovery Material section of GWSNA, page 36, that says, “Review and Input periods will be at least six months for informational pamphlets and booklets and at least one year for book-length pieces of literature.”

Motion 14: To require a 180-day review and input period for Fellowship Approved, Conference Approved, or World Board Approved material.

Other issues that will be discussed at the WSC 2010 are on the Service System, NAWS resources, and literature development.

I understand that not everyone may know what these motions are getting at specifically. The reason as to why I bring these motions up is so members can get a glimpse of what is contained in the CAR. So with that in mind I strongly suggest that the RCMs encourage their GSRs to read the 2010 CAR. The CAR can be found on line at www.na.org/conference. If any GSR or member has any questions they can ask me or Wes R.D. Shortly Wes and I will come out with the dates of the GSR Assemblies.

Grateful Service,
Jeremy T.