

UMRNA
Minutes for October 12, 2008

1) Opening Proceedings:

- a) New Business submitted to the UMRSCNA Chair, financial requests submitted to the UMRSCNA Treasurer.
- b) 10:13 am Open Meeting with a Moment of Silence, followed by the “We” version of the Serenity Prayer, 12 Traditions, and 12 Concepts.

c) Sign In and Introductions:

Paul S.	Activities Chairperson
John F.	Regional Chair
Chris C.	Regional Activities Committee member
Wendy F.	RD
Wes K.	RD Alternate and Regional Treasurer
Daryl F.	Regional Website Resource Person
Molly M.	RCM – LCASC
Dena N.	Secretary
Jeremy T.	Interested member
Will H.	Regional Co-Chair
Wade H.	Interested member
Debbie J	Interested Member
Rob H	Interested Member
Shannon A	Interested Member
G? (illegible signature)	Interested Member

2) Quorum Call: 7 voting members, 1 RCM (active areas) - yes

3) Executive Reports:

a) Chair’s Report:

- See Appendix A

b) Co-chair’s Report:

- Nothing to report at this time.
- Took part in Regional Activities Audit. All was in order and satisfactory.

c) Secretary’s Report:

- See Appendix B
- A request was made to have the reports included in the minutes, and to resend the minutes with them in it.
- Motion to approve the minutes from the last RSC.
Maker: Will 2nd: Dena Vote: 6-0-1 Motion Passed

d) Treasurer’s Report:

- See Appendix C for budget proposal.
- I was unable to open the full financial records and the actual treasurer’s report.
- Prudent reserve needs to be established, and the guidelines regarding our fiscal year do not match our current practices. A motion regarding prudent reserve is submitted.
- Would like to revisit some motions from the previous RSC that were rushed through at the end of the meeting, and need more attention,
- Please announce that nominations are open for this position.

- Opening balance as of 7/7/2008, was \$1,880.88. Today's balance as of 8/31/2008, is \$2,692.30.

4) Sub-committee Reports:

a) Activities

- See Appendix D

b) Fellowship Development

- A report was not submitted. The current Chairperson was unable to be reached.
- Two start up kits are available. Three were disbursed.

c) Website (Resource)

- Since the last quarter, retrievals are down 12%, and visitors are about the same. Disk space is up 1.5%, and the forum is using just under 1% of the disk space.
- The web PR handbook has had no progress this quarter, but should resume in the next.
- Some changes need to be made to the web budget. "Web Hosting" needs to be changed to "Web Expenses", and the amount needs to be \$127.88 to cover \$110 for hosting and \$17.88 for domain name registration fees.
- A job description was submitted for the Web Resource Person's duties. (The description was not available in digital form for attachment to the minutes at the time of preparation.)

5) Regional Committee Member Reports:

a) LAASC

- See Appendix E
- The service flyer that was submitted to the website was a draft. It was not posted because it did not have proper trademarks and copy write documentation. A revised one was sent to World and the corrections have been made.

b) LCASC

- No rep, no report. (Rob arrived after the break and was going to send a report to the secretary. It was not received by the time the minutes were prepared.)

c) MASC

- No rep, no report.
- Daryl F. gave a verbal report.
- Only the H&I and Convention committees have nominations in for chairs. Sub committees may be combining to function better as an FDC committee.

6) Regional Delegate and Alternate R.D. Reports:

a) RD

- See Appendix F

b) RD-alt

- The human resources department at World is asking interested members to update their information in the World Pool if they haven't done so in the last three years.
- Some working groups were formed in the past cycle, including one for the booklet "In Times of Illness", a service system workgroup, a "Living Clean" workgroup, translations workgroup, and a business plan workgroup which meets the new federal requirements under US non-profit regulations. Info regarding these groups is available at NAWs News and at na.org.
- The sixth edition Basic Text is now available, and the bronze numeral medallions are as well, and a new tri-plated medallion is available in November.
- HPR nominations will begin in Spring 2009, and they are looking at ways to improve the process for recommendations to the WSC body for nominations. There is a region board

zone process exists for forwarding names to HRP for consideration. See the 2008-2010 guide to local services for information on the election process.

- If any group or individual would like to forward their policies, guidelines, or other resources, please send them to hrp@na.org.

- ★ **NOTE 1: I included all the reports that I was able to and gave detailed summaries of those that were not.**
- ★ **NOTE 2: The reports were given in a different order then the Order of the Day. They have been included in the minutes in the order that they were written in the Order of the day.**
- ★ **NOTE 3: At 11:22 am, a break was taken and the meeting resumed at 11:36am with a Moment of Silence.**
- ★ **NOTE 4: Quorum change at after the break to 2 RCMs and 8 voting members. Rob H, RCM for LCASC arrived. Report Pending.**
- ★ **NOTE 5: A Point of Order was made after the reports were completed, and a verbal report was given for MASC by Daryl F, MASC Chair.**

7) Elections:

Position:	Nominator:	Second:	Nominee:	Action:
FDC	Will	Dena	Wade	Elected
Website			None	Open
RD	Paul	Will	Wes	Elected
RD-alt	Molly	Dena	Jeremy	Elected
	Paul	Dena	Chris	

>>>Break 1:11pm to 1:19pm. Reopen with a Moment of Silence.<<<

8) Old Business:

a) RSC Guideline Updates

The following changes were submitted for approval by the Chair.

Section IV: Seating Procedures

- A. Requirements for Areas/Groups to be seated at the RSC:
 - 1) Registration with the World Service Office, hereinafter referred to as the WSO.
 - 2) Agreement with the purpose and functions of the RSC.
 - 3) Representation by a Regional Committee Member (RCM)/Group Service Representative (GSR), or their recognized alternate, approved by the Area/Group.
- A. Procedure for Area/Group seating at the RSC:
 - 1) ***A Group or Area must be located within the geographical boundaries of the UMRNA***
 - 2) ***A group may not be seated if it is a participating member group of a seated Area***
 - 3) Introduction by a seated participant.
 - 4) Presentation of a brief Area/Group report stating its development and its commitment to the purpose and functions of the RSC.
 - 5) Submission of a motion to seat by a seated participant.
- B. The motion to seat will be considered before Area/Group reports are given.

Call to vote by Paul. 2nd by Daryl
Vote: 8-0-0 Action: Pass

b) Activities Guidelines:

- Approval of Activities Guidelines

Vote: 8-0-0 Action: guidelines accepted.

- c) Insurance:
- Stricken

9) New Business:

1. Motion: That we discuss the issue of prudent reserve at the next RSC.
Maker: Wes 2nd: Molly Vote: 8-0-0 Action: Motion Passes
2. Regional Inventory:
 - The action plan was presented by Dena N. A printed report was unavailable. A presentation was made. A formal action plan will be made up and sent out asap.
 - A suggestion was made to include the local meetings of the next RSC in the minutes.
 - Activities will look into the Peace Gardens as a potential RSC and campout location.
3. Motion: To suspend the Regional Activities Guidelines Section 3.2 for UMRCA 25.5.
Intent: As we may get few or no pre-registrations for UMRCA XXXIV, we would like to keep any left-over money to prepare for next year's convention.
Maker: Paul S. 2nd: Molly M. Vote: 8-0-0 Action: Motion passed

Motion: To extend for 30 minutes.

Maker: Dena 2nd: Will Vote: 5-2-1 Action: Motion Passes

NOTE: Quorum Change at 3:00pm. Wendy and Daryl leave. 6 voting members.

4. Motion: To change the guideline to read:
Section III functions part C The RSC Financial Policy
(to read) 1) Submission, by each subcommittee resource person, of a yearly budget in the months of July and August.
(to read) 2) Compilation, by the RSC treasurer of all budget information to be discussed and voted on in the months of September or October.
(add) 3) add to end of sentence, budgets to start on January 1 and end December 31 to coincide with calendar year.
(strike) committee

Maker: Wes 2nd: Molly Vote: 4-0-2 Action: Motion passed
5. Motion: To have the guidelines read under section 9 I. Prior to voting on elections at the RSC the nominee must submit a service resume so that it can be brought back to the "active" ASCs.
Intent: So the ASCs have more of a voice and a bigger group conscience is formed.
Maker: Molly 2nd: Wes

Friendly amendment: Add item I to section 9: Nominees submit a service resume at the RSC prior to the scheduled election for review by the ASCs.

Intent: So the ASCs have more of a voice and a bigger group conscience is formed.
Amendment is not accepted.

NOTE: John returns to chair seat and Will steps down from it.

Motion to postpone until Motion F from new business is resolved.

Maker: Dena 2nd: Will Vote: 5-1-0 Action: Motion postponed

6. Motion: That the Region FDC create a master regional meeting list to be distributed throughout the region and posted on the regional website.
Maker: Wes 2nd: Molly M.

Friendly amendment: That the region FDC create a master regional meeting list to be posted on the regional website.

Amendment accepted.

Vote: 5-1-0 Action: Motion passes with the amendment.

7. Motion: That the co-chair be assigned the task of coming up with a service resume template that covers all positions at this service body.

Intent: There was a motion listed in last minutes related to this but no point of accountability.

Maker: Wes 2nd: Molly M. Action: Ruled out of order for being redundant.

8. Motion: That this region donate \$50 to WSO.

Maker: Wes 2nd: Molly Vote: 5-0-1 Action: Motion Passes

10) Disbursements:

- In the interest of time these were not discussed.

11) Confirmation of next UMRSCNA meeting:

- Next RSC may need to be longer. Discussion on the forum.
- Jamestown, January 10/09. Activities will plan it.

12) Announcements:

- Pre-registrations and hats for sale by the activities committee.

13) Motion : To close.

Maker: Dena 2nd: Will Vote: 6-0-0 Action: Motion Passes.

Meeting closes.

APPENDIX A

October 2008 Chair Report

It's been a busy three months and there are a lot of things going on in our Region. First off, I want to acknowledge the Activities Sub-committee and the awesome job they are doing in getting the first of our new rotating format for conventions off the ground. I know we are all looking forward to Nov. 8. I have finally finished the proposed change for our guidelines. After several hours of wrestling with re-inventing the wheel, it dawned on me that perhaps rewording them was the wrong way to go, so I have a recommendation of adding two subsections regarding the eligibility for a group to be seated as a voting member of our Region. The recommendation is to have the Section IV read as follows:

Section IV: Seating Procedures

- A. Requirements for Areas/Groups to be seated at the RSC:
 - 1) Registration with the World Service Office, hereinafter referred to as the WSO.
 - 2) Agreement with the purpose and functions of the RSC.
 - 3) Representation by a Regional Committee Member (RCM)/Group Service Representative (GSR), or their recognized alternate, approved by the Area/Group.
- C. Procedure for Area/Group seating at the RSC:
 - 1) A Group or Area must be located within the geographical boundaries of the UMRNA
 - 2) A group may not be seated if it is a participating member group of a seated Area
 - 3) Introduction by a seated participant.
 - 4) Presentation of a brief Area/Group report stating its development and its commitment to the purpose and functions of the RSC.
 - 5) Submission of a motion to seat by a seated participant.
- D. The motion to seat will be considered before Area/Group reports are given.

As some of you know from my days as the Chair of L&C, I am very much in favor of consensus decision making. It is my hope that we as a Region can move more in that direction. While the October Region may have the time to discuss this, it is my hope that we can look at adding this process to our future as a region.

Well, that's about all for this report.

In Loving Service,

John

APPENDIX B

Secretary Report
October 12, 2008

Hello UMRSC!

I am happy to report that I got the minutes done from the last RSC... eventually... and that I found the missing motion from new business and sent out the amendment to the minutes. I also located the sign in sheet that I couldn't find. I promise I will be back to my organized self for the next RSC.

I have prepared a budget proposal for the secretary. I based it on traveling to the states three times a year and staying over night each time since we have been trying to plan RSC meetings with local events. I made a note of this on the proposal as well.

MASC has asked me to bring a request to the UMRSC. This came out of the Area Inventory that they completed. They would like to request that the summer RSC be held at the Peace Gardens in conjunction with an annual camp out. They feel that this would help to overcome the border and make it possible for members to meet each other in neutral ground where they may not have otherwise been able to meet. This idea also came up during the Regional Inventory, and has been included in the report from the working group.

If anyone here needs to contact me I am including my contact info in this report. Feel free to give it to others if they need to reach me too.

Dena Nelson
Home: 1-204-415-0111
Cell: 1-204-612-5089
Email: sleepingwhisper@hotmail.com

I think that covers it for this report. Thank you for the opportunity to serve and to be a part of.

Dena N.
RSC Secretary

Secretary Budget Proposal October 2008

Travel	\$100 x 3 trips	\$300
Lodging	\$80 x 3 trips	\$240
Supplies	Paper, ink, etc.	\$100
Total:		\$740

This is based on my traveling to three meetings per year, and staying over night each time. The lodgings may not be required each time, but they have been included to avoid underestimating. The gas for driving will likely be at least this much, as I will be traveling alone unless another Manitoba Area member takes a position at RSC.

APPENDIX C

1 year operating budget proposal 2008-2009

Administrative:

3 meetings rent		\$90	
PO box year		36	
Bank fees (year) (5 per month)	60		
Donation NAWS		<u>0</u>	
Total			\$186

RD budget: (yearly)

Travel & lodgings (200 + 100)	\$300		
GSR Assembly (reserve funds)	<u>175</u>		
Total			\$ 475

RDA budget: (yearly)

Travel & lodging (200 + 100)	\$300		
GSR Assembly (reserve funds)	200		
WSC Travel & lodging & per diem (½ total)	<u>1000</u>		
Total			\$1500

Secretary budget: (yearly)

Travel & lodging (200 + 100)	\$300		
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Treasurer budget: (yearly)

Travel & lodging (200 + 100)	\$300		
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Chair Budget: (yearly)

Travel & lodging (200 + 100)	\$300		
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Co-Chair Budget: (yearly)

Travel & lodging (200 + 100)	\$300		
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FDC budget: (yearly)

Travel & lodging (200 + 100)	\$300		
Literature stockpile starter kits	<u>350</u>		
Total			\$650

Web resource: (yearly)

Travel & lodging (200 + 100)	\$300		
Web hosting		<u>114</u>	
Total			<u>\$414</u>

Total 2008-2009 budget proposal	\$4425		
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APPENDIX D

Activities Report – October 2008 – Upper Midwest Region

Greetings Fellow Addicts,

We are off to a great start! We are happy to report that our committee has grown considerably at our meetings held in Fargo. We have also received much support from the Lewis & Clark Area, and have Debbie J. in Bismarck as our L&C liaison. Cathy S. in Fargo has been our liaison with Lake Agassiz, and has attended most meetings. I have not developed a relationship with anyone in Manitoba to be a liaison (but hope to get leads in that regard at this RSC), although we did make sure to get tickets and flyers for UMRCNA 25.5 and Spiritual Refreshment 2009 to Dena from Winnipeg at Vermilion. Flyers for both, as well as tickets for 25.5, have been spreading around the two US Areas as well.

The first thing our committee did was to set some goals:

- Having flyers, tickets, and merchandise ready as soon as possible. (Achieved mid-September)
- Get more people on the committee. (Achieved)
- Have liaisons with all Areas. (Partially achieved)
- Increase attendance at Regional events.
- Increase attendance at each Area's events – and increase Regional presence/awareness there.
- Help passage of Regional Activities Guidelines (October?).
- Create Spiritual Refreshment Guidelines (by January?)
- Create Regional Convention Guidelines (by April?)
- Create bid process for Reg. Convention (by April?)
- Stay on Task!

Our current officers include: Paul S (Chair), Jim N. (Vice-Chair), Chris C. (Spiritual Refreshment Chair), George P (Treasurer and Registration Chair), Ray T. (Merchandise Chair), and Kendra W (Secretary). We have set up this structure based on our proposed Guidelines. Current signers on the Activities account are George P, Chris C, and Wes K (Regional Treasurer).

Naturally, creating a convention from scratch has taken up the majority of the committee's time since July, so many of the goals will be addressed after the convention. I'm happy to report that almost everything is set for 25.5, to be held in Bismarck, ND on Nov 8-9, 2008 at the Best Western Doublewood. The event runs from roughly Noon Saturday thru Noon Sunday. There will be workshops Saturday from 1 PM to 5 PM, sit-down banquet dinner about 6:30 PM, Speaker about 7:30 PM, and Raffle/Dance starting about 9 PM. Sunday morning we will have a speaker and a buffet brunch, possibly at the same time, about 10 AM.

Rooms are \$65/night, for up to 4 people (2 queen size beds). Up to 6 can share a room, but there would be a charge for rollaway beds. The rooms sound very nice, with coffee pots, refrigerator, microwaves, iron, etc. We are selling tickets for the entire weekend for \$35 (excluding rooms): \$10 NA Pre-Registration, \$15 Sat Banquet, and \$10 Sunday Brunch. On-site NA Registration will be \$15. We will make pennies on each meal, as we tried to keep this as affordable as possible. Once again, in comparing these prices to similar Regional events, we are coming in around 1/2 to 1/3 the cost. The biggest drawback is that we will be gouged for coffee – the first 100 cup urn is free, afterwards they are \$65! Ouch! Debbie is trying to find names of addicts who might open their homes to out-of-town attendees.

The theme is "Tune Into Recovery." Our speakers will be Henry (Sat PM) and Aleisha (Sun AM), both currently living in Fargo. We will have three workshops: Cleaning Up the Static – A Clear Message of Recovery in NA (NA language/message, esp. in service efforts), NA Beyond Our Backyard (Area/Regional/World), and Finding Fun in the Fellowship. Probable presenters are Dena (Manitoba), Wes K (LA), and Deana (L&C) with Tom T (MN region), respectively. Part of the reason for holding the convention in Bismarck was to help address some issues in L&C with conflicting messages/identification, lack of unity, and such. Our hope is that the convention will be a unity-builder and a great way for addicts to come together to learn and grow in recovery, have some fun, and meet new people.

We have been shocked with the success of the knit caps which we purchased (see S.R. Report for an explanation of the ordering). We assumed we would only sell about a dozen before the event, and still have plenty at the Registration table. Out of an initial order of 48 more than half were sold within 24 hours! We received our second order this week, and will be sending some along to Bismarck, Minot, and Winnipeg for pre-event sales. If all goes well, we hope to make a third order before the event. The caps are simple, with the service symbol and the words "Upper Midwest Region" so as to be non-date and non-event specific. Thus, we can sell them at any time of the year, and at any event, without having to eat the cost of overruns which happens so often. The caps will also increase Regional awareness and hopefully a sense of unity.

One thing we hope to get at either this or January's RSC, is direction on where the 26th Annual Convention should be held. Our committee itself would lean towards Winnipeg or Grand Forks. In the future we hope to have a bid process in place, ideally organized so that before the end of the current year's convention the winning bid will be announced for the next year. Due to the lack of several Committee Guidelines being in place yet (see Goals, above) it is our current assumption that Regional Activities will probably spearhead next year's convention as well, but that by XXVII we will be functioning as more of an oversight/support body for the Host Area/City. We are also looking for direction from the RSC regarding the time table for the transition to more of a pure bid process.

We will also be submitting a motion to basically suspend our proposed guidelines in the area of "profit flushing," if you will (Section 3.2), in that we don't believe we will be in a position to sell many (any?) pre-registrations for XXVI with no firm knowledge of where it will be held, especially considering border issues. Starting this year's committee with only \$300 was difficult, we would really wish to be able to begin planning for next year's with a much larger amount (in comparison, SR usually starts with about \$2k US).

Finally, the Minnesota Region will be present at the event, with a lot of their merchandise and pre-registration materials for MNNAC XVI (April 17-19, 2009 in St Cloud). The committee decided against asking the UMR Service Office to table to provide merchandise (not malicious, more of a self-support thing), and instead will beasking one of Lake Agassiz's larger meetings to provide us with literature to sell on a consignment basis.

Below are the financial reports and the Spiritual Refreshment report. Yours in service, Paul S.

UMRCNA 25.5 Ledger

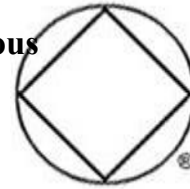
Ck #	Date	To	In Payment/Collection of	Clr?	Out	IN	Balan ce
	8/25/2008	Bank	From UMRSC - "seed" money \$300				\$300.00
2100	9/11/2008	Mathisons	25.5 - Tickets and 950 flyers		\$75.51		\$224.49
2102	9/22/2008	Artco	24 Hats		\$208.54		\$15.95
	9/23/2008	Bank	140 in Reg, \$96 in hats, \$2 Donation			\$238.00	\$253.95
N/A	9/23/2008	Spiritual Refreshment	24 Hats		\$208.54		\$45.41
2103	9/29/2008	Jim Nypen	25.5 - Pstg/printing reimbursefor Bsmck area treat cen.		\$12.67		\$32.74
	9/30/2008	Bank	25.5 - \$420 in hats(#35) \$35 in reg, \$5 donation			\$460.00	\$492.74
	10/7/2008	Bank	25.5 - \$225 in Reg, \$12 in hats			\$237.00	\$729.74

Regional Activities Checkbook Ledger (includes both 25.5 and SR)



Upper Midwest Region of Narcotics Anonymous

Regional Activities Committee
 "Spiritual Refreshment" Sub-Committee



Greetings,

A very brief update on progress toward "Spiritual Refreshment 2009:"

Most of us on the Spiritual Refreshment Sub-Committee have been spending our energies these last few months focused on other UMR Activities Committee efforts. As a result, I have very little to report regarding Spiritual Refreshment 2009.

We have purchased, in concert with UMRCNA 25.5, knit caps embroidered with the NA Service Symbol, as a fundraiser for both upcoming events. So far those items have gone over very well. Our inclusion in purchasing the caps was originally to assist the UMRCNA Committee in making a larger purchase (to reduce per piece costs), by buying half of the order. Sales went so well that we ended up allowing UMRCNA to purchase the entire order, thus allowing them to retain all monies raised. We have since made a second order of the caps, with the same arrangement. The caps you will see at this month's RSC are brought to you by UMRCNA 25.5. If all goes well, they may sell this entire order, too. The advantage for Spiritual Refreshment is that we now have developed a relationship with a quality vendor in Fargo and have that same logo available for future purchases, should we desire.

We have opened submissions for the Spiritual Refreshment 2009 banner design, effective October 1st. Anyone who is interested in submitting a design to be considered should either send it to the Activities Committee's P.O. Box (#174) in Fargo, or contact me at caorbet@cableone.net. Submissions will be open until December 31st.

If there is anyone interested in being considered as either a Main Speaker or Workshop Presenter for this year's event, please submit your tapes and/or CD's to that P.O. Box, as well.

With the able efforts of a highly motivated Committee member, we have our Spiritual Refreshment flyers out earlier this year than anyone can recall. Registrations are being taken, again, at the above P.O. Box. Spiritual Refreshment is also currently listed on www.na.org. Thanks both George and Dave!

Our current bank account balance is as follows:

Ck #	Date	To	In Payment/Collection of	Clr?	Out	In	Balance
	8/25/2008	Beginning Balance	#75 SR Pre-Reg 2009				\$1,500.00
	8/25/2008	Bank	SR- Cash Wise never deposited			\$4.10	\$1,504.10
Ck #	Date	To	In Payment/Collection of	Clr	Out	In	Balance
2101	9/11/2008	Mathisons	SR - 1,200 Flyers	?	239.71		\$1,364.39
	8/25/2008	Beginning Balance	#75 SR Pre-Reg 2009				\$1,500.00
2102	9/22/2008	Artco	24 Hats		\$208.54		\$1,155.85
	8/25/2008	Bank	SR- Cash Wise never deposited				5
N/A	9/23/2008	Bank	Reversal of above charge; hats check for \$4.10			\$208.54	\$1,364.39
	8/25/2008	Bank	"sold to 25.5"			4	1584.1
	8/25/2008	Bank	25.5 - "seed" money from UMRSC			300	1804.1
2100	9/11/2008	Mathisons	25.5 - Tickets and 950 flyers		\$75.51		\$1,728.59
2101	9/11/2008	Mathisons	SR - 1,200 Flyers		\$139.71		\$1,588.88
2102	9/22/2008	Artco	48 Hats, 24 for SR, 24 for 25.5		\$417.08		\$1,171.80
	9/23/2008	Bank	25.5 - \$140 in Reg, \$96 in hats, \$2 Donation			\$238.00	\$1,409.80
2103	9/29/2008	Jim Nypen	25.5 - Pstg/printing reimburse for Bsmck area treat cen.		\$12.67		\$1,397.13
	9/30/2008	Bank	25.5 - \$420 in hats(#35) \$35 in reg, \$5 donation			\$460.00	\$1,857.13
	10/7/2008	Bank	25.5 - \$225 in Reg, \$12 in hats			\$237.00	\$2,094.13

That's about all we've done so far. We expect to pickup our efforts, including the creation of Spiritual Refreshment "Convention Guidelines" (*working title*) to submit to the RSC after UMRCNA 25.5 is completed.

In Service,

Chris C.

APENDIX E

RD Report UMR RSC Meeting

Oct 12, 2008

Here it is, my final report as UMR RD. When I came to my first regional meeting, I had so many questions about the purpose of a Region. Well, I still feel that we have a big identity issue. Hopefully, action taken as a result of our recent inventory will go a long way to clarifying that. I look forward to hearing about how it all plays out.

The deadline to send in service pamphlet reviews was July 31st. I sent 2 reviews (including my own) to NAWS. 17 regions sent in reviews and after considering them, NAWS will be republishing the pamphlet that was pulled, with minor changes and will introduce 2 instead of 3 new pamphlets (the two leadership pamphlets will be combined and the other new pamphlet is "The Benefit of Service"). We will be reporting on other new literature/products.

I am submitting the following RD budget:

Travel and Lodging (to RCS Meetings)		\$300
CAR Report: (Purchase from NAWS/Photocopying/Postage)		\$120
2 GSR Assemblies (1 with Travel)		
Travel	\$60	
Food/Coffee	\$60	
Room Rent	\$60	
Supplies	\$30	
GSR Assembly Total (Reserve Fund = 1/2 Total)	210/2 =	\$105
Overall 2009 RD Budget		\$525

NAWS asks that people going to the 2009 World Convention in Barcelona to please register as early as possible. They may move the start of registration from December back to October.

The background material for the three 2008-2010 Issue Discussion Topics (Leadership, Communication and Our Freedom, Our Responsibility), has been posted at <http://www.na.org/IDT/IDT.htm>.

Work Groups have been created for The Self-Support pamphlet, Revisions to In Times of Illness, The Service System Project and the "Living Clean Book" Project, passed at WSC 2008.

I received an email from NAWS about a Winnipeg lawyer they had met at a PR event in Boston who asked for information about NA in Winnipeg. I passed it on to MASC's H&I chair as they are currently handling PI/PR requests.

Thanks for letting me be of service!

Wendy F, UMR RD

APPENDIX F

Lake Agassiz Area RCM Report October 12, 2008

Hello fellow addicts,

There has been an average of 17 addicts attending the ASC. A few of the open positions have been filled. Jay B. was elected Vice Chair, Kris O. was elected Public Information Chair, and Brianna A. was elected Secretary. Positions open still are Scribe, Parliamentarian and now Alternate RCM. The previous Alt. RCM stepped down for personal reasons. Tim B. has been appointed Ad-Hoc Chair of the Literature Subcommittee. The Area makes a quarterly donation to the Region and a check was given to Wes following the September ASC. The amount was \$570.34. Between the main account and activities account the balance is roughly \$3000.

Since the last regional meeting the area has gotten an email address. It is LAANA@live.com. It is free and will be used for sending the minutes to groups that receive them via email and to send the minutes, flyers, and updated meeting lists to the region and the world. The current guidelines were changed so that trusted servants can serve on both area and regional levels. The final vote on the revised guidelines will be at the October 19, 2008 ASC that will be held in Glenwood, MN. Budgets are to be submitted at the October ASC and voted on at the November ASC.

The Public Information Subcommittee meets the 1st Tuesday of the month at 8pm at Atomic Coffee, 222 Broadway N. in Fargo. Attendance has been an average of 4 addicts. The phone line has been updated but the committee is still looking for someone to maintain it. New meeting lists were printed and distributed in September. The committee is making sure that meeting list info is up to date for groups not attending the ASC. Wadena and Valley City have joined the area and both are on the new meeting list. PI has been in contact with the Fargo VA about doing another panel for a larger portion of the staff. Information packets have been sent to counselors referred to PI by family members of an addict. PI is looking for suggestions for upcoming projects.

Hospitals and Institutions now meets the 2nd and 4th Sunday of the month at 1pm at Caribou Coffee on the corner of 13th ave. and 25th st s. in Fargo. Attendance has been averaging 5 to 8 addicts. Open positions include Vice Chair and Secretary. The facilities that they are currently going into are the Cass County men's jail, the Clay County jail (which is a coed mtg), the Clay County Juvenile Center, and the Fergus Falls Halfway House. Attendance has been good but they could use more men to go into the jails. Two women have filled out paperwork to go into the Cass County jail and hope to start that meeting back up again within the next month. H&I sent letters to Prairie Psych and Merit Care Psych and is waiting to hear back from both. There have been 20 H&I handbooks ordered. Groups in Fargo have been making donations to H&I.

The Activities Subcommittee meets Wednesdays at 5pm at Atomic Coffee, 222 Broadway N. in Fargo. August was a busy month for activities. The NOW Campout was held August 8-10th at Ottetail Lake. It was a success! The learning day and frof tournament (which was postponed from July) were also well attended. The Fall Banquet was supposed to be held October 11, 2008 but the committee had a hard time finding a facility so the guidelines were suspended and the banquet was postponed. It is being held November 22, 2008 at Our Savior's Lutheran Church in Moorhead. The theme is "The Ties That Bind Us." There will be 3 workshops, a speaker, a meal, clean time countdown, speaker, silent raffle/auction, and dance. Flyers are out and tickets will be available October 20th.

In grateful service,
Molly M.